

ASPS NEWS

AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES, INC.

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From the Boardroom...

It's hard to believe that spring is already here. I am glad for some warmer weather. It is about this time of year everyone starts making plans for travels this summer for vacations, meetings, or just to get away. I want each of you to consider a couple of possibilities of meetings to attend. First we have our 6th Annual Aesthetic spring meeting coming up in May. This year we are combining our efforts with ASAPS. These meetings will be held Tuesday, May 5, 2009, at the Mandalay Bay Hotel and Convention Center in Las Vegas, NV. We also are very excited about our ASPSN 35th Annual Convention to be held in Seattle, WA, October 23-29, 2009.

The ASPSN board is very aware of the financial constraints that we are all facing. We also acknowledge that many of you will have to choose only one meeting you can attend, or you are obligated to pay out of your own pocket. We are working very hard to meet the needs of all the areas of practice within our plastic surgery specialty. Please mark your calendars and make a concerted effort to attend one of these meetings. You will enjoy them!

Sharon Fritzsche, MSN, RN, FNP-BC, CPSN
President-Elect 2010

Editorial

Haley Wood, MSN, WHNP
ASPSN Newsletter Editor

Construction ahead! As you may have noticed, the newsletter is playing catch up! You have recently received newsletters for February, March, and now April within the past few weeks. Because of reorganization of staff, we are working hard to get the newsletters to you in a timely, monthly fashion. With the great leadership efforts of our new Executive Director, Elizabeth Bennett Bailey at our National Office, the ASPSN board and I are on target to delivering monthly eblasts to the entire membership base. Your patience has been greatly appreciated!

With summer around the corner, UV protection is important. Check out the NYU School of Medicine report regarding the risk of melanoma, the link is provided in the newsletter. In addition, Cherokee Uniforms has created the Cherokee Inspired Comfort Award for healthcare workers. Prizes include a Caribbean cruise so check out the link below to nominate your favorite plastic surgery nurse! Wouldn't it be great for a plastic surgery nurse to win! Let's get our nominations in!

**PARDON
OUR
PROGRESS**

Certification Grants

Sue Kunz, BS, RN, CPSN

PSNCB President

In its continued effort to work collaboratively with physicians and nurses to impact opportunities to promote and acquire knowledge, Allergan Academy will again provide certification grants for the 2009 CPSN examination.

To qualify for a certification grant one must be a registered nurse, a member of ASPSN, meet the specific criteria for certification, and complete and submit an application form prior to August 21, 2009. Application grants and certification applications are available by clicking on the Certification link or by contacting the ASPSN National Office at 800-272-0136 or 850-473-2443.

Certification grants cover the cost of taking the certification examination and will be presented to recipients at the ASPSN National Convention in Seattle, WA, at the awards ceremony. The certification grant must be used within one year of receiving the award. If a recipient has taken the certification examination at the 2009 ASPSN National Convention prior to the Awards Ceremony, a reimbursement check will be presented.

PSNCB thanks Allergan Academy for once again sponsoring nursing education endeavors.

2009 Cherokee Inspired Comfort Award

Nominate a plastic surgery nurse for the Cherokee Inspired Comfort Award at www.cherokeuniforms.com. Cherokee Uniforms is rewarding and acknowledging the job healthcare workers perform. Nominate a friend, coworker, or colleague for prizes that include a Caribbean cruise, all-expense paid trip to a medical conference of their choice, \$1000 medical wardrobe. Nominations will be accepted through May 31, 2009.

To note: As of April 20th, the nomination page was down. The host of the website has been notified!

Protect Yourself and Your Patients From UV Rays

Click the link below to review common sense tips to protect your skin from UV damage: www.who.int/uv/sun_protection/en. Included in the link is an article from NYU School of Medicine suggesting a genetic variation in premenopausal women that puts them at a four-fold risk of developing melanoma.

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Pensacola, FL 32514



Application for Exam Certification Grant (Available to ASPSN members only)

Name: _____

Address: _____

Phone Number: _____ Date Joined ASPSN: _____

E-mail: _____

Employer: _____

Employer Address: _____

Requirements: Submission deadline is August 21, 2009

- ASPSN Member in good standing.
- Meet PSNCB requirements for certification.
- Certification examination must be taken within one year of issued grant.

1. Please discuss in 100 words or less your reason for applying for this grant to take the plastic surgical nursing certification exam. (Attach additional pages if needed).
2. List any current or past involvement with APSN. (Attach additional pages if needed.)

I, the undersigned, am an active member of ASPSN, currently working in plastic surgery, and meet application requirements for the CPSN examination.

Signed, _____

Please send completed applications to the PSNCB National Office.
PSNCB National Office
7794 Grow Drive
Pensacola, FL 32514

2009 SCIENTIFIC SESSIONS UPDATE

Georgia Elmassian, BAS, RN, CPSN

Scientific Sessions Chair

We are less than six months away from the 2009 ASPSN National Convention. The Scientific Sessions Planning Committee has worked diligently in scheduling this year's speakers and educational content. New for 2009 is a didactic three-track concurrent system where we are offering aesthetics, reconstructive, and general plastic subject matter. The Planning Committee is fortunate to have the expertise of ASPSN members Jill Jones, RN, CPSN, and Dawn Sagrillo, BSN, RN, CPSN, to coordinate the aesthetic track for this year's national convention. Both Jill and Dawn have secured leaders from the aesthetic component of the ASPSN to impart practical and innovative artistry and insight into your personal cache of cosmetic technique. We are indeed thankful for Jill and Dawn's well developed additions.

What is more, this year the Western Washington Chapter of the ASPSN will be instrumental in hosting our annual convention. They will provide the convention participants the opportunity to take part in a community awareness project that will benefit our host city, Seattle. We will continue to share the pertinent information with you in forthcoming newsletters.

With this month's e-newsletter, I have also included a "sneak peek" into the Seattle convention. Take a look at some of the things we are planning and mark your calendar for our annual convention.

AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES (ASPSN) 34TH ANNUAL CONVENTION

October 23-27, 2009

Grand Hyatt Seattle • Seattle, WA

Plastic, Reconstructive, and Aesthetic Nursing: Collaborating Through ASPSN

CONVENTION OVERVIEW

The CPSN Certification Review Course and certification exam will again be offered. A special pre-convention plastic surgical postoperative garment sizing workshop is being planned for convention attendees during the day on Friday. Additionally, networking opportunities will abound with Friday evening educational roundtables followed by an informal welcome reception. Sunday night will feature festivities generously sponsored by The Marena Group.

PRE-CONVENTION

- CPSN Review Course
- CPSN Exam
- Correct Garment Sizing and Techniques
- Educational Roundtables (*Friday evening*)

CONVENTION

Three concurrent tracks of education content: Aesthetic, Reconstructive, and Plastic

Educational Sessions include:

- Aesthetic & Reconstructive Surgery of Male and Female Genitalia
- Skeletal Aesthetic Surgery of the Face: Incorporating the Latest Techniques to Achieve the Optimal Result
- Subfascial and Split Subpectoral Breast Augmentation: Themes and Variations
- Replacing Deflated Saline Breast Implants Under Local Anesthesia
- Perforator Flap Breast Reconstruction: Quantum Physics? Yes and No
- Prevention of Surgical Site Infections and the Impact of MRSA
- Skin Excellence: Changing Culture in an Acute Care Hospital to Reduce Hospital Acquired Pressure Ulcers (HAPU)
- The Artistry of Injectables
- Canine Care in Perioperative Anxiety
- Microsurgical Flaps for Breast Reconstruction
- Promoting Patient Safety; Universal Protocol
- Patient Safety and Risk Management in the Aesthetics Environment
- Adding Sclerotherapy to Your Cosmetic Practice
- Fundamentals of Aesthetic Laser
- Healthy Aging: How You Age is Now an Option
- Optimizing Patient Comfort in Non-Surgical Aesthetic Procedures: Anesthetic Options
- The Patient in Context: An Ecological Approach
- Aesthetic Benefits of Malar Augmentation

(continued on page 5)

2009 SCIENTIFIC SESSIONS UPDATE *(continued from page 4)*

- Taking the Mystery Out of Wound Care
- Thermal, Scald, Flame, or Snow, How Much Burn Do You Know?

COMMUNITY SERVICE PROJECT

New For 2009: The ASPSN will be participating in a Seattle community service project at the convention. Details will be available soon.

CONTACT HOURS

Contact hours will be available to nurses attending the convention.

CONVENTION REGISTRATION FEES

Full Convention Early Registration

ASPSN Member *(before September 26)* \$460.00

Non-Member *(before September 26)* \$580.00

Single Single-Day Registration

ASPSN Member \$220.00

Non-Member \$325.00

Full Convention Regular Registration

ASPSN Member *(after September 26)* \$530.00

Non-Member *(after September 26)* \$670.00

Two-Day Registration

ASPSN Member \$345.00

Non-Member \$420.00

Full Convention Registration Onsite

ASPSN Member *(after October 14)* \$610.00

Non-Member *(after October 14)* \$680.00

****Please note:** A separate fee and registration form are required to take the certification exam. To register for the exam, please contact C-NET at 201-217-9083. No onsite registrations will be accepted.

ACCOMMODATIONS

Grand Hyatt Seattle

721 Pine St. • Seattle, WA 98101

Reservations 800-233-1234 or 206-262-0700 • Fax 206-774-6120

The Grand Hyatt Seattle is holding rooms at a rate of \$269.00 single or double until September 18, 2009, or until the room block is full. Once this date has passed or the room block filled, the special ASPSN rate cannot be guaranteed.

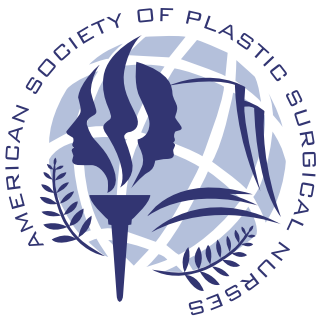
ABOUT SEATTLE

Seattle is surrounded by water and mountains, and the city's attraction lies in the stunning views seen from the many vantage points throughout its several neighborhoods. The height of Mt. Rainier is truly appreciated when seen from within the city, as it puts skyscrapers to shame from 200 miles away. These are views that indicate Seattle's easy access to outdoor recreational activities throughout the year. Seattle is one of the three "gateway" cities to the Pacific Northwest. It is a commercial, cultural, and transportation hub for the region.

THINGS TO DO

The Space Needle: A 41-second elevator ride takes you up 520 feet to the observation deck of the Space Needle, built for the 1962 World's Fair. Enjoy a meal at Sky City, the restaurant at the top that revolves 360 degrees while you dine.

Pike Place Market: Born in 1907, Seattle's Pike Place Market is the granddaddy of farmers' markets. Today, it's a major tourist attraction with 200 businesses operating year-round, 190 craftspeople and 120 farmer booths plus street performers with musicians. Flowers, flying fish, fresh pastries and fruit, handmade cheeses, local honey, wine, an assortment of restaurants, import goods, antiques, collectibles, and lots of surprises are around every corner.



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SURGICAL NURSES, INC.**

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If you would like information on starting a local ASPSN chapter, please contact Sara Harang, Chapter Services Specialist at sara.harang@dancyamc.com