Seromas

- Occur in any body part, most frequently:
  - Breast
  - Back
  - Abdomen
  - Thighs
Pathophysiology

- Thought to be related to:
  - Disruption of lymphatic and vascular channels
  - Shearing forces between skin and underlying muscle.
Potential complications

- Infection
- Wound breakdown
- Scars
- Delayed wound healing
  - Delayed therapy (chemo/radiation)
- Surgical re-admission
- Increased cost
- Emotional distress
Risk Factors For Development

- Obesity
- Premature activity/Increased movement
- Surgical:
  - Wide undermining
  - Extensive use of cautery
  - Drains
- ? Possible correlation with local anesthetic pain pumps
Seroma Management

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