



## AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES

### *INTRODUCTION*

The American Society of Plastic Surgical Nurses (ASPSN) recognizes that nurses of different professional and educational backgrounds are frequently providing cosmetic services that include non-ablative laser and light (IPL) based procedures. The nurse may perform non-ablative laser and light (IPL) based procedures in private clinics or academic settings.

### *RATIONALE*

Supporting safe non-surgical procedure practices is consistent with the mission of the ASPSN. Nurses performing non-ablative laser and light (IPL) based procedures must comply with institutional, state, and national safety standards.

### *AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES RECOMMENDATIONS*

- Must know and work within the scope of practice as defined by State Boards of Nursing and State Medical Boards in each state the services are provided. Scope of practice may be defined in the Nurse Practice Act or the Rules and Regulations of the State Board
- Practice in collaboration with a physician that is Board Certified within one of the following specialties: Plastic/Aesthetic Surgery, Ophthalmology, Dermatology, or Facial Plastic Surgery (ENT)
- Obtain appropriate education related to use of laser technologies for medical purposes, including laser safety standards of the American National Standards Institute and FDA intended-use labeling parameters
- Must follow institutional policies that may be more restrictive than scope of practice as outlined by Nursing or Medical boards.
- Advanced Practice Nurses (APN), Registered Nurses (RN), Licensed Vocational Nurses (LPN/LVN) and Physician Assistants differ in training and should function within the limitations based on licensure, education, and competency/certification.
- Protect patient safety by documenting the cosmetic consultation, review of medical history and medications, and consent for procedures.
- Take baseline and post treatment photos with patient's consent

- Supervise other personnel providing cosmetic services ensuring they are compliant with facility, local, state, national and professional regulations.
- Written policies and procedures must be in place in the facility and reviewed annually by the nurse and collaborating medical staff.
- Will engage in and document ongoing professional development with educational activities that promote the development and maintenance of cosmetic injection skills.
- Must have documented education including, but not limited to: facial anatomy and physiology, biophysics and tissue interactions, clinical applications, patient care and management, adverse events, and patient and environmental safety.
- Obtain and maintain Certified Aesthetic Nurse Specialist (CANS) certification.

## REFERENCES

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***DISCLAIMER***

**These clinical practice guidelines and/or recommendations and/or other guidance published herein are provided by the American Society of Plastic Surgical Nurses to assist practitioners in clinical decision-making. The information should not be relied upon as being complete and should not be considered inclusive of all proper treatments, methods of care, or as a statement of the standard of care. All guidelines and recommendations require periodic revision to ensure that clinicians utilize appropriate procedures, and that the materials encompass the recent critical review of literature and expert opinion. The reader must realize that clinical judgment may justify a course of action outside of the recommendations contained herein.**

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