



AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES

INTRODUCTION

The American Society of Plastic Surgical Nurses (ASPSN) supports the development and implementation of evidence-based practice (EBP). The ASPSN defines EBP as “a scholarly and systematic problem-solving paradigm that results in delivery of high-quality health care” (Spear, M., et al, 2015). EBP blends research findings with practice generated data, clinical expertise and health care consumer values and preferences to achieve the best outcomes.

RATIONALE

- Plastic surgical procedures increased from 13 million in 2000 to 20 million in 2012 (ASPS)
- As health care transitions from volume-based care to value-based care, nurses must implement practices that have shown to yield the best outcomes and what is cost effective (Spruce, 2015)
- “When delivered in a context of caring and in a supportive organizational culture, the highest quality of care and the best patient outcomes can be achieved” (Fineout-Overholt, E, et al., 2010)

AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES POSITION/RECOMMENDATIONS

- “EBP provides the framework to bridge the gap between research and practice and requires effective teamwork” (Renaud-Smith, J & Donze, A, 2010, p 65).
- EBP is client/patient/family centered with a goal of providing optimal clinical service to a client/patient on an individual basis.
- Health care can be transformed at the bedside, one patient encounter at a time (Spruce, 2015).
- Using a multidisciplinary approach with buy-in from all disciplines involved in a project the EBP team can make recommendations to implement new practices, evaluate the outcomes of implementations and make necessary changes to facilitate EBP (Spruce, 2015).
- Because EBP is a continuing process, it is dynamic integration of ever-evolving clinical expertise and external evidence in day to day practice.

REFERENCES

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DISCLAIMER

This clinical practice guidelines and/or recommendations other guidance published herein are provided by the American Society of Plastic Surgical Nurses to assist practitioners in clinical decision-making. The information should not be relied upon as being complete or accurate and should be considered inclusion of all proper treatments or methods of care or as a statement of the standard of care.

OR

Clinical practice guidelines/recommendations/position statements are guides only and may not apply to all patients and all clinical situations. Thus they are not intended to override clinicians' judgment. The authors of this guideline/recommendations/position statement are responsible for the content including any clinical treatment or recommendations. No statement in this document should be constructed as an official position of the American Society of Plastic Surgical Nurses

OR
Evidence-based guides are strategies for patient management developed to assist in clinical-decision making. This guide based on a thorough evaluation of the current literature and relevant clinical experience, describes a range of generally acceptable approaches specific diseases and conditions. This guide attempts to define principles of practice that should generally meet the needs of most patients in most circumstances.

However, this guide should not be construed as a rule, nor should it be deemed inclusive of all proper methods of care or exclusive of other methods of care reasonably directed at obtaining the appropriate results/outcomes. This guide should never replace clinical judgment. This guide is not intended to define or serve

as the standard of plastic surgical nursing care.