POSITION STATEMENT ON INJECTABLES

INTRODUCTION

The International Society of Plastic and Aesthetic Nurses (ISPAN) recognizes that registered nurses (RNs) of different professional and educational backgrounds frequently administer aesthetic medical injectables that include neuromodulators and dermal fillers (Brennan, 2015). These cosmetic injectable procedures may be performed in private clinics or academic settings (ISPAN, 2018).

RATIONALE

Promoting safe aesthetic medical injectable practices is consistent with the mission of ISPAN. Registered nurses performing aesthetic medical injectable procedures must comply with state and federal regulations, professional guidelines, national safety standards, and institutional policies and procedures (Brennan, 2015).

Aesthetic medical injectable procedures can “assist clients in looking their best” (Brennan, 2015, p. 127), but these procedures also pose potential risks to patient safety and outcomes when administered without meticulous aseptic technique or by an individual lacking the requisite knowledge, skills, and experience (Brennan, 2015; Hotta, 2018).

ISPAN RECOMMENDATIONS

Plastic and aesthetic RNs must

- Practice within the RN scope of practice as defined by state boards of nursing and institutions (Brennan, 2015; ISPAN, 2018).

Plastic and aesthetic RNs should

- Obtain appropriate education and skills related to injectables administered including
  - Relevant anatomy and physiology,
  - Drug administration, medication side effects, clinical applications,
  - Patient care and management
  - Adverse events
  - Patient safety (Durant, 2015).
Participate in ongoing professional development by completing educational activities that promote the development and maintenance of cosmetic injection skills (ISPN, 2018).

Obtain and maintain certification as a Certified Aesthetic Nurse Specialist (CANS) or Certified Plastic Surgical Nurse (CPSN; ISPN, 2018).

Practice in collaboration with a physician who is board certified in Plastic and Aesthetic Surgery, Ophthalmology, Dermatology, or Facial Plastic Surgery (ENT; ISPN, 2018).

Document the cosmetic consultation, review of medical history and medications, and informed consent for procedures (ISPN, 2018).

Obtain patient consent and take baseline and post-treatment photos (ISPN, 2018).

Ensure that policies and procedures are in place in the facility and reviewed at established intervals by interprofessional team members with oversight of the injectables administered (Brennan, 2015).

Provide cosmetic injection services in a setting containing medications and equipment to prevent and manage complications (Hotta, 2018).

REFERENCES


DISCLAIMER

These clinical practice guidelines and/or recommendations and/or other guidance published herein are provided by the International Society of Plastic and Aesthetic Nurses to assist practitioners in clinical decision-making. The information should not be relied upon as being complete and should not be considered inclusive of all proper treatments, methods of care, or as a statement of the standard of care. All guidelines and recommendations require periodic revision to ensure that clinicians utilize appropriate procedures, and that the materials encompass the recent critical review of literature and expert opinion. The reader must realize that clinical judgment may justify a course of action outside of the recommendations contained herein.