

ASPSN NEWS

AMERICAN SOCIETY OF PLASTIC SURGICAL NURSES, INC.

NOVEMBER/DECEMBER 2010

From the Boardroom

As I write my final "From the Boardroom," I am suddenly faced with a view from the other side. I am now a member of that awesome group known as the Past Presidents of ASPSN. What an honor it is to belong to this elite group of members who have paved the way not only for me but also for future presidents. To have been the President of ASPSN for two years has been quite an honor and the highlight of my professional career. When I embarked on my nursing path some 30 years ago, I never felt compelled to belong to any nursing organization. Years later, I hit the jackpot when I found ASPSN. Not only did I find an organization full of lifelong friends, but I also found an avenue to enrich my practice of plastic surgery! I really never saw myself as a future leader for this specialized group! Somewhere along the way, people had faith in me, and I was convinced to answer the call to leadership, and, oh, what a wonderful ride it has been. I am forever grateful and humbled by those who felt I had something to contribute. You know who you are!

As I look back on some of my first messages to members as ASPSN President, my primary goal for two years was to collaborate. I told you then that "collaboration" was my new favorite word, and it remains so today. I believe I did accomplish that goal by working together with many other professional plastic surgery organizations. ASPSN will not grow without collaborating with other groups. It is how professional organizations gain strength. We can join forces yet maintain our individuality.

I ask you to support your Board of Directors and maintain your membership in ASPSN. I thank you for believing in me; I am forever appreciative.

LuAnn

LuAnn Buchholz, RN, CPSN
ASPSN Past President 2009-2010

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The ASPSN National Office sends out frequent e-mail communications with information relevant to your practice needs. Do we have your current e-mail address? If we do, you will have received this newsletter by e-mail from the national office. If you did not receive the newsletter through e-mail, please log onto the ASPSN website and update your profile.

Certification Grants

Grants are available from Allergan for first time exam takers! Please take advantage of this opportunity.

For the application, go to <https://www.aspsn.org/dmdocuments/CPSNGrantApplication.pdf>

Sheri Levin, BSN, RN, CNOR CPSN
Director, Plastic Surgical Nursing Certification Board

Editorial

Haley Wood, MSN, WHNP, CPSN

Now, I have the privilege of serving ASPSN in two distinct roles: one as newsletter editor and the other as a new board director. Wearing the director hat will be a great asset to my editor position as I now have a new perspective of what is going on in our organization and can bring that information to you! Under the leadership of President Sharon Fritzsche, we will consolidate the former committees into new task forces. Each board member is heading a task force, and the ASPSN newsletter will give you a report of what each task force will accomplish in the next year and what kind of help they will need from YOU to help meet their goals! The new task forces and associated directors include the following: Membership/Chapters with Nancy Radoslovich, Webinars with Georgia Elmassian, and Standards/Polices with Marcia Spear. If you want to lend your expertise to any of these areas, please contact the task force director or me. We need YOU to make our organization thrive. Feel free to contact me at haleyjohnstonwood@gmail.com. I am thrilled to serve you and look forward to a rewarding two years on the ASPSN board!

Seasonal Accidents in Children (Part Two)

Robert B. Dybec, MS, RN, CPSN, CNOR

As fall comes to a close, we start thinking about the cold weather months and winter when we look at yet another piece of power equipment designed to make our lives easier but can also pose a risk to our children, the snow blower. Hospital emergency departments always see a rise in snow blower-related injuries after a snow storm. Many of the same suggestions that we discussed in our last issue for lawn mowers also apply to children and the use of snow blowers. The most typical injuries are to the hands as many people try to manually unclog blowers that have become packed with snow. Snow blower accidents are the fourth leading cause of finger amputations due to consumer products according to the Consumer Products Safety Commission.

There are over 1,000 amputations and 5,000 injuries per year associated with snow blowers. The resulting injuries caused by the rotating snow blower blades usually left tissue so damaged and mangled that repair or reattachment was not possible. Never put your hand, stick, or any other object into a snow blower to unclog it; follow the manufacturers' guidelines for this procedure.

In June of this year, five national medical societies joined together to issue tips and precautions on how to prevent these terrible injuries. The American Academy of Pediatrics (AAP), the American Society of Reconstructive Microsurgery (ASRM), the American Society of Plastic Surgeons (ASPS), the American Society of Maxillofacial Surgeons (ASMS), and the American Academy of Orthopedic Surgeons (AAOS) recommend the following:

- Be aware of young children playing in areas where snow blowers are being used.
- Inexperience leads to accidents; review the operator's manual before use.
- Always keep hands and feet away from all moving parts.
- Never leave the blower unattended when the engine is operating. Shut down the engine if you must leave the machine for any length of time.
- Never leave the machine running in an enclosed area, such as a garage with the door closed.
- If you have an electric-powered snow blower, be aware of where the power cord is at all times to minimize the chance of running over the power cord.
- Be sure to use controls that allow the snow blower to operate only when a lever is continuously pushed by the operator.
- Be aware of debris or items that may be expelled from the blower chute causing injury.

Parents and children should take precautions to prevent injuries in both winter and summer so that our children can have fun in the sun and the snow without getting hurt.

Resources.

1. U.S. Consumer Product Safety Commission.
2. American Academy of Pediatrics, <http://www.aap.org/advocacy/releases/LawnMower2010.htm>
3. http://www.opeonthenet.com/snowblower_safety.htm



Application for Certification Exam Grant (Available to ASPSN members only)

Name: _____

Address: _____

Phone Number: _____ Date Joined ASPSN: _____

E-mail: _____

Employer: _____

Employer Address: _____

Requirements: Submission deadline is August 30

- ASPSN Member in good standing.
- Meet PSNCB requirements for certification.
- Certification examination must be taken within one year of issued grant.

1. Please discuss in 100 words or less your reason for applying for this grant to take the plastic surgical nursing certification exam. (Attach additional pages if needed).
2. List any current or past involvement with APSN. (Attach additional pages if needed.)

I, the undersigned, am an active member of ASPSN, currently working in plastic surgery, and meet application requirements for the CPSN examination.

Signed, _____

Please send completed applications to the PSNCB National Office.
PSNCB National Office
7794 Grow Drive
Pensacola, FL 32514

PLANNING AHEAD: DATES TO REMEMBER

Sue Kunz, BS, RN, CPSN

The trip to Toronto generated another exceptional ASPSN convention. I hope everyone arrived home safely. The convention committee is already planning for next year. If you are interested in speaking or know of a speaker, please contact the national office. For those who like to plan ahead, here are the dates for the ASPSN Convention and the ASAPS meeting which is traditionally held in the spring. This information was obtained from the ASPSN and ASAPS websites.

ASAPS

May 2011- Boston
May 2012- Vancouver, B.C.
April 2013- New York
April 2014- San Francisco

ASPSN

Sept. 23-28, 2011- Denver
Oct. 12-16, 2012- New Orleans
Oct. 11-16, 2013- San Diego
Oct. 10-15, 2014- Chicago
Oct. 2-7, 2015- Boston
Oct. 9-16, 2016- San Francisco
Oct. 6-10, 2017- Orlando
Sept. 28-Oct 2, 2018- Chicago
Oct. 11-15, 2019- San Diego

Chapter News

Sheri Levin, BSN, RN, CNOR CPSN

It was great to see some familiar faces at the ASPSN Annual Convention in Toronto. I did get a chance to meet some new members who live in our region. If you are interested in getting involved in our chapter, please contact me. We are also working on a Phila-Del Valley conference in the spring. We will offer trauma credits as well as credits for patient safety and plastic surgery. We would love to have you speak and also get your physicians involved. Please contact me at sheriblevin@comcast.net

American Society of Plastic Surgical Nurses Board of Directors 2010-2011

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ASPSN National Office
7794 Grow Drive
Pensacola, FL 32514

Meet the New ASPSN Board Member

My name is Nancy Radoslovich, and I am one of your new directors for the ASPSN Board for 2011-2012. I have been a member of ASPSN for seven years, and I am very excited about assuming my new position and working with all of the members to make ASPSN the best professional nursing organization possible.

I have a diverse background as an OR nurse for 25 years. I have been in my current position as nurse manager, scrub, and circulator in a cosmetic surgery office OR for the past 11 years, and it is there that I have found my passion. Simply stated, I love my job. I believe as nurses, we have the unique responsibility to provide the safest and most pleasant experience for all patients who choose to undergo surgery. As a Board Director, I hope to help provide the tools and experiences for all of us to reach that particular goal.

ASPSN is our organization, and it will become what we make of it. That is why I chose to get involved, and I encourage all of you to do the same.

I am Chair of the Membership/Chapter Task Force. I am looking for volunteers to help us recruit plastic surgical nurses to our organization. We need anyone with new ideas and goals to make our organization "the best it can be." If you want to help, please email me at nancyrad@me.com. I would be happy to explain to you how you can become an active member in our society. I look forward to hearing from you!

Nancy Radoslovich, RN, CPSN

Nurse Manager, Plastic Surgery
NYU School of Medicine

Step 1:

Kick back in your favorite armchair
and prop up your feet.



Step 2:

Start up your laptop and enjoy
free CME/CE at www.ieaesthetics.com



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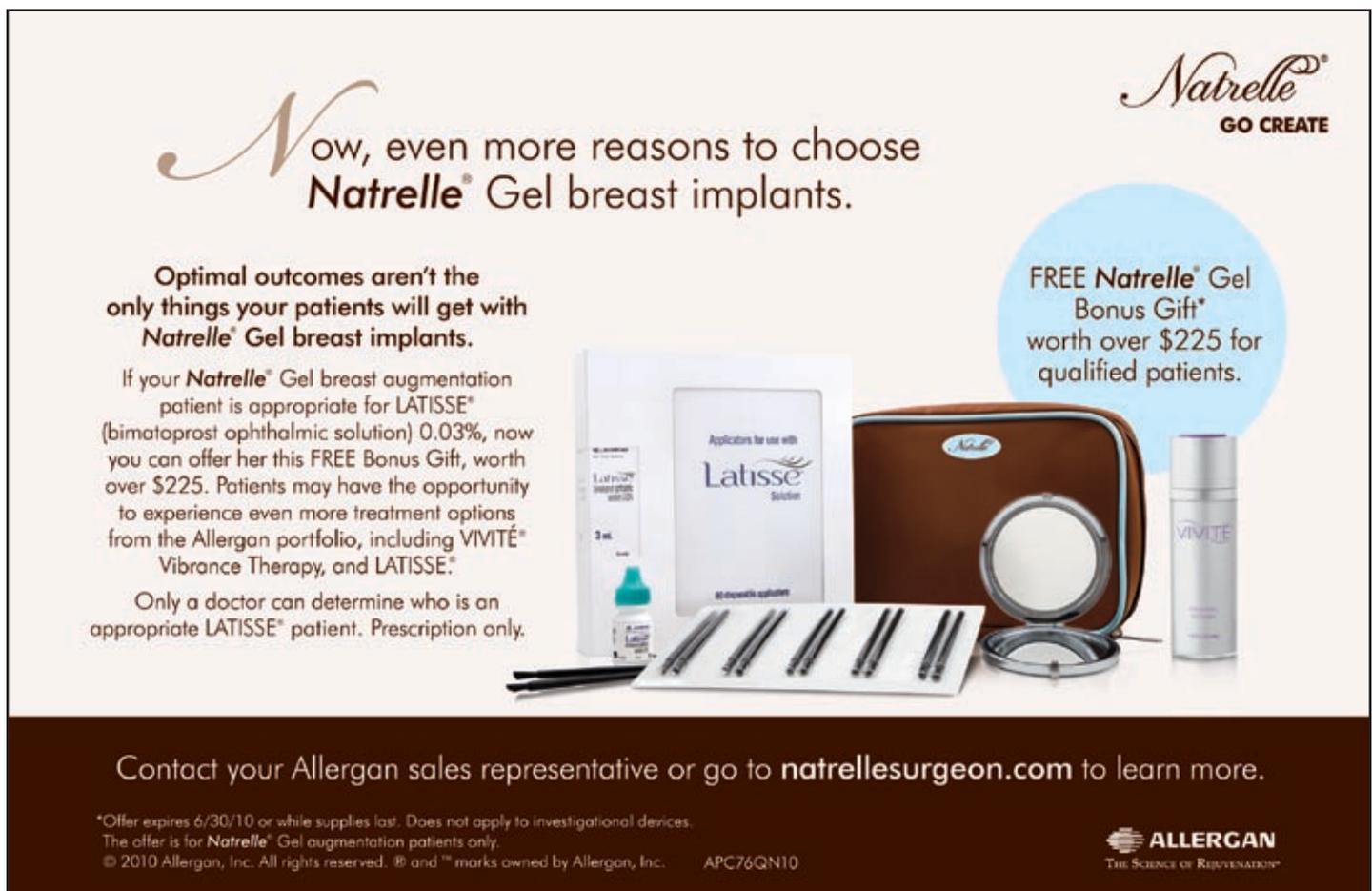
Marcia Spear, DNP, ACNP-BC, CWS, CPSN

I was watching TV only a couple of weeks ago and saw a commercial advertising this new technique for liposuction. Needless to say, I was curious. As many of you probably think, if it is a reputable and ethical procedure, we should know about it before we see an ad on TV. So I decided to do a little research into AQUALIPO®. I did a Google search and got 7,100 results and then realized that the general population probably knew more about this procedure than I did, a certified plastic surgical nurse.

I clicked on the first result, and AQUALIPO® was presented as the new revolution in liposuction with no downtime, no general anesthesia, low medical risk, no blood loss, less bruising and swelling, powerful fat melting and fat flushing with excellent skin tightening qualities of Smartlipo laser liposuction (<http://www.aqualipo.com>). According to the website, AQUALIPO® takes an innovative approach to liposuction using a groundbreaking liposuction technology that gives patients better results. AQUALIPO® combines the Smartlipo™ fat melting system with Body-Jet® fat removal technology that uses a concentrated water jet that separates the tissue within the fat compartment allowing the suction cannula to move freely without causing damage to the tissues, and the fat is then gently aspirated.

Now, are the results better? I was unable to find any studies that compared patient outcomes between this new innovative technique and the traditional liposuction that has performed well for the specialty for many years. I did, however, find pre- and postoperative photos that were comparable. Nonetheless, at least now I know what it is and the rationale for the design and can educate patients who are contemplating liposuction.

<http://www.aqualipo.com/liposuction/bodycontouring.htm>



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ALLERGAN
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2010 Scientific Sessions Update

Georgia Elmassian, M.A., RN, CPSN, CFLE

Director, American Society of Plastic Surgical Nurses
Program Director ASPSN National Convention and Scientific Sessions

Briefly Speaking....

- The ASPSN 36th Annual Convention – 2010:A Strong and United ASPSN was indeed North America's premiere and most comprehensive plastic surgical meeting and educational program to date. There were rich programming and numerous educational opportunities available for each convention attendee, which only served to add extreme value across the board to the practice of our plastic surgical nursing profession. 2010:A Strong and United ASPSN showcased the entire spectrum of plastic surgical nursing and featured some of our nursing specialty's most accomplished and talented experts.
- Again, this year the convention's educational program was organized by learning tracks. The learning track system offered a variety of formats including workshops, live demonstrations, lectures, interactive educational roundtables, and problem-based discussions. With this strategy, the goal was for each participant to be able to ascertain or experience at least one new idea or technique from the convention that would ultimately improve patient care.
- In talking with many of the participants in Toronto and listening to comments throughout the convention, I can readily state without hesitation that the 2010 Scientific Sessions Planning Committee did a superb job in planning such an incredibly didactic meeting. Therefore, I would like to recognize and congratulate each committee member:

Amanda Bailey, ACNP-BC, CWS

Bob Dybec, MS, RN, CPSN, CNOR

Claudette Heddens, M.A., BSN, ARNP, CPSN

Marcia Spear, DNP, ACNP-BC, CPSN, CWS

Aesthetic Track Chairs:

Jill Jones, RN, CPSN

Dawn Sagrillo, BSN, CPSN

Education Advisor:

Pat Terrell, MSN, CPNP, CPSN

Poster Judges:

Claudette Heddens, M.A., ARNP, CPSN

Pat Terrell, MSN, CPNP, CPSN

- Profound appreciation goes to Aesthetic Track Chairs, Jill Jones, RN, CPSN, and Dawn Sagrillo, BSN, CPSN, for their innovative and tireless leadership and eloquent professionalism in designing this year's aesthetic track. Their empowerment of the aesthetic component of our convention, as well as ASPSN as a whole, was and is invaluable. Steadfast gratitude is also expressed to Pat Terrell, MSN, CPNP, CPSN (ASPSN Annual Convention Education Advisor) for her unwavering wisdom as well as her continual insight and encouragement of the convention planning process. Furthermore, sincere recognition is given to Poster Judges Claudette Heddens, M.A., ARNP, CPSN, and Pat Terrell, MSN, CPNP, CPSN for their unrelenting commitment to our specialty, in addition to their nursing expertise in assessing and evaluating the educational posters at the convention.
- The ASPSN 36th Annual Convention – 2010:A Strong and United ASPSN was a huge success. Not only did the participants reach educational achievements, but the Toronto convention participants also reached deep into their own pockets and contributed over \$500.00 to our host city's community awareness venture Blessings in a Back Pack. The financial offerings that were secured at the convention will help feed undernourished and neglected children in the greater Toronto area. The 2010 Scientific Sessions Planning Committee wishes to extend their gratitude to each ASPSN Toronto convention participant who helped to aid this organization.

SAVE THE DATE:

37th Annual ASPSN Convention:
Compassion, Integrity, and Teamwork

September 23-27, 2011
The Westin Tabor Center
Denver, Colorado